

JOB Description



Ref. No. 056

Post

Support Worker/Care Worker – Mental Health

RESPONSIBLE/REPORTING TO:

SENIOR STAFF and REGISTERED MANAGER

COMPANY SUMMARY

LHCCGroup has several care homes; 24hr supported living schemes, 9 to 5 shared supported living units and fully independent 1 or 2 bedroom flats with outreach services.

Our services range from the provision of accommodation and intensive care and support in our registered care settings, through less intensively supported living- based accommodation projects, to providing outreach floating support to people in our fully independent flats or third party providers. As service users move to more independent accommodation, we ensure that the transition to independent living is taken in gradual steps which are manageable for the service user whilst providing best value for the sponsoring authority.

LHCC provides dedicated male and female accommodation, specialist care and support services for people with mental health care needs. The people we care for often have complex needs; recovering from alcohol and illicit substances misuse, and/or has a history of involvement with the criminal justice system. Most of our residents will have previously been detained in hospital under the Mental Health Act and some are subject to Home Office/ MOJ restriction orders.

PURPOSE:

To support senior members of staff and manager in all aspects of the home management. To help create and maintain a supportive, secure and homely atmosphere in which clients can achieve maximum independence, freedom and choice where possible.

MAIN RESPONSIBILITIES:

- To comply with the home's Health and Safety, COSHH and Environmental Health regulations.
- To maintain confidentiality on all aspects of care and work within the home.
- To have a working knowledge of the home's policies and procedures in respect to your job.
- To assist patients with dementia and other mental disorders.
- To assist clients with personal care which includes; using the bath, brushing hair, bed bath or shower, foot and nail care, washing hair, shaving clients, mouth care and denture care, helping the client use the bedpan, urinal, toilet or commode, preparing for bed, getting out of bed, washing and dressing.
- Helping the client with physical and mental activity, this involves talking to them, taking them out for a walk or trip, reading to them, writing on their behalf, assisting with their hobbies and recreation activities.
- To care for the dying.
- Assist with serving meals and other domestic duties you are qualified to undertake.
- Be on standby to answer emergency bells, greet visitors, answer the telephone and door.

- Take part in staff meetings and internal and external training as required.
- To assist in the dispensing of medication and clinical care to clients authorised and directed by the registered nurse.
- Taking on specific responsibilities in the home as directed by senior staff or manager
- Comply with GSCC Code of Practice, National Minimum Care Standards and any other relevant regulations
- To co-operate with the implementation of the Equality & Diversity Policy of LHCC Ltd
- To help/support service users' in keeping their room/flat clean and tidy
- To ensure the premises are clean and tidy at all times
- Provide care for people with Mental health support needs who is discharged under the section 117 of the Mental Health Act 1983 (After-care).
- To be accustomed with CQC guidelines and regulations

STAFF

- To work both individually and as a member of a Multi-Disciplinary Team.
- To attend staff meetings and meetings outside the home if required by the needs of the establishment.
- To undergo appropriate training as available and determined in conjunction with the senior members of staff.
- To be available for supervision as required.
- To work effectively with volunteers and any other members of staff.
- To be available for courses offered through London South Bank University for Continuous Professional Development (CPD)

LIASON

- To assist in ensuring that residents maintain close links with the community through their relatives, friends, volunteers, clubs and other organisations.

HEALTH AND SAFETY

- To be aware of and comply with working practices as laid down under the Health and Safety at Work Act and as applicable to the home procedures.
- To ensure the safety of all personnel in the building, checking of regulations and regular inspection of fire safety equipment.
- To make senior staff aware of any defects in the building, plant or equipment.
- To ensure that any accidents to staff, residents or volunteers are reported in accordance with correct procedures.

OTHER

- To carry out any other reasonable duties as requested by the manager or other designated senior staff.
- This Job Description could be subject to alteration according to changes in legislation and LHCC Ltd operational policies.

Note: In addition to the responsibilities listed above it may be necessary to perform other duties not listed.

SKILLS, QUALIFICATIONS AND EXPERIENCE REQUIRED

- Level 2 Diploma (RQF) in Adult Care, Health & Social Care or an equivalent qualification is desirable.
- Applicants who are currently working towards a Level 2 qualification will also be considered.
- Previous experience in health and social care or mental health services is desirable.
- Willingness to learn and develop their skills
- Good communication and interpersonal skills.